

Opportunities

Local Bushcare groups Impeesa meet 2nd Saturday of the month
Quarry Branch South meet on the last Saturday of the month, Call Erin at Parramatta City Council to join, or Annie for Impeesa.

ParraCAN Parramatta's Climate Action Network group. Annie 0425265169

Sydney West Permaculture Group meet 1st Monday on the month at Toongabie West Primary School, 6:30pm cuppa for 7pm start, email sustainabilityst.winstonhills@gmail.com or Call Nicolle 0422 444 261

Organic fruit & veg co-op If you're interested in co-ordinating / joining an organic fruit and veg co-op, email sustainabilityst.winstonhills@gmail.com.

Farm to Family LochgaryLamb.com.au Tue 10-4:30pm Rear Winston Tavern

Parramatta Farmers Markets Parramatta Mall every Sat 9am—2pm. Go along and support our local growers!

Important Dates

Sustainability Street Winston Hills Sunday 24th May

FREE BBQfrom 12:30pm

Bushtucker Walkfrom 1:30pm

afternoonTea & Triviafrom 3 pm

Book place for Bushtucker walk as spaces limited.

Afternoon Tea & Trivia all activities meet @ BBQ area, John Curtin Res.

Seedsavers meeting..... Sat 13th Jun 9am-12pm

Bidgiwong Community Nursery Baulkham Hills, rear of carpark Ted Horwood Reserve, only entry from Renown Rd, Opposite Baulkham Hills Sports Club

June Sustainability Street Meeting..... Sun 14th June 3pm

BBQ area John Curtin Reserve NB: No July meeting commencing Aug 9th

August Sustainability Street Meeting Sun 9th Aug 3pm

Growing Food / No Dig Garden Workshop..... early in spring

www.sustainabilitystreet.org.au

SUSTAINABILITY ST.

IT'S A VILLAGE OUT THERE

**Sustainability
Street
Winston Hills**

Your free local
community group

Email:
**sustainabilityst.
winstonhills
@gmail.com**

Co-ordinator
Nicolle Herbert
Mob: 0422 444 261

Newsletter #3

May June 2009

Next Meeting EVENT
Sunday 24th May

BBQ from 12:30pm
Bushtucker Walk
1:30pm

Tea & Trivia 3pm
BBQ Area Huxley Dr
John Curtin Reserve
Winston Hills , NSW

June's meeting 2nd
Sunday 14th June.

No July Meeting
resume Aug 9th

FREE BBQ Sun 24th May

Sausage Sizzle, 12:30pm

Bushtucker Walk, 1:30pm

Tea & Trivia 3pm

Come along,
meet a local
Councillor and
enjoy a sausage
& a walk with
Bundaluk in our
beautiful bush.



See inside for...

Compost workshop was great.....Page 2

Streamwatch learn to test water.....Page 3

Free BBQ, Bushtucker walkPage 3

Coming upPage 3

Dates for your diaryPage 4

What Happened?

Our April meeting began with meeting each other. It was great to welcome some new 'streeters' and discuss what brought us to the **Composting Workshop**.

For a few of us it was specific problems with the compost such as taking so long to break down, which incidently is often linked to the following. ..

#1 Composting secret? >>> Compost needs to be moist,
so moist, that when a handful is squeezed it'll produce a drop of water.
The living micro-organisms and worms (when it's cool enough) need moisture
to survive & thrive.

One streeter has a method for maintenance free composting converting waste into rich garden compost slowly buried, undisturbed underground. Digging a pretty deep hole, Lionel buries organic waste together with some shredded newspaper. With about a foot of soil covering the waste, this method is particularly good for recycling leftover meat etc which might otherwise attract unwanted small rodent guests if unprotected, Good rodent protection for a compost bin or heap is to en-

ADAM principles are the key to great compost.

Aeration, Diversity, Aliveness, Moisture

sure it's sealed and sit it on wire mesh.

One important component of healthy compost is carbon materials which are dried/ brown sticks, leaves, prunings, dried brown grass clippings. To compost all our organic waste, quite a lot of this brown / carbon material is required, We are still talking to council about ways they may be able to help our Sustainability Street Winston Hills group get or make mulch for composting etc. Baulkham Hills council

Stink free compost needs AIR & probably carbon materials & perhaps a little lime

have options that our Parramatta council aren't able to offer us at the moment.

Finely mulched/chopped materials help to speed up the process of making rich compost.

Free BBQ Bushtucker walk

- Join us in the park for a free BBQ, proudly sponsored by Parramatta City Council. BBQ will be serving sausages from 12:30pm **Sunday 24th May**, bring the kids.
- Book early for a place on the Bushtucker Walk from 1:30pm with the renowned Bundaluk of the Darug people. Email sustainabilityst.winstonhills@gmail.com or phone Nicolle on 0422 444 261.
- Share a cuppa & win a prize in a spot of trivia focussed around Water from 3pm.

Want to learn how to test water quality and check the health of our creek? Get involved with our Sustainability Street Winston Hills **Streamwatch** efforts. Call Nicolle Mob: 0422 444 261

June Sustainability Street Winston Hills Meeting—Water

Learn and share about how we can conserve water. One of our members will share their own experience with greywater at our June Sustainability Street meeting at 3pm June 14th at the usual BBQ area.

Sustainability Street Winston Hills is taking a midwinter break, no meeting in July, but will return for Sunday 9th August at 3pm to discuss energy!

What's ahead?

So many are interested in growing food that we'll be planning a no dig gardening workshop in early spring, and in time perhaps we'll be sharing seeds with each other at our regular meetings.

Right now, try growing potatoes and or broad beans, they're easy, hardy, tasty and improve your soil too. For more **great practical info find out more at SeedSavers meeting see "important dates"**.

Would you like to share your garden with some locals? Perhaps we could have a, neighbourhood garden tour meeting later in the year... Call or email sustainabilityst.winstonhills@gmail.com or phone Nicolle on 0422 444 261.