

## Opportunities

**Organic fruit & veg co-op** If you're interested in co-ordinating/joining an organic fruit and veg co-op, email [sustainabilityst.winstonhills@gmail.com](mailto:sustainabilityst.winstonhills@gmail.com).

**Bundeluk's bush tucker walk** Learn some Aboriginal wisdom in your own local bush. Let us know how many are interested

**Parramatta Farmers Markets** are still operating in Parramatta Mall in front of Town Hall every Saturday between 9am—2pm. Go along and **support our local growers!**

**ParraCAN** Parramatta's Climate Action Network group holding **tree planting/AGM+lunch, Sun 29th March at Parramatta Park** from 11am meet by river near café. RSVP [info@parracan.org](mailto:info@parracan.org) or just show up. Annie 0425265169

**EarthCare Centre** at Richmond. For education on sustainable living.  
**Open Day, 1st Sat / month .... next on Saturday 4th April 1pm - 4pm.** Located on approx 1ha of the UWS Richmond campus. Campus Rd and Science Dr. Hosts **Alternative Technology Assoc meet 1st Sat/2nd mth 4th Apr 10am**, also pioneers of organic growing & seed saving, HD Research Association, **Henry Doubleday meet 3rd Monday/mth 7:30pm....Monday 20th April** VISIT website for more details on EarthCare Centre, ATA & HDRA  
[www.earthcare.org.au](http://www.earthcare.org.au)

## Important Dates

**Earth Hour .....Sat 28th March 8:30-9:30pm**

Switch off for Earth Hour and vote for the earth against climate change.

**Seedsavers meeting..... Sat 4th April 9am-12pm**

Bidgiwong Community Nursery Baulkham Hills, Ted Horwood Reserve rear of carpark, only entry from Renown Rd, Opposite Baulkham Hills Sports Club

**Next Sustainability Street Meeting.....Sun 19th April 3pm**

**Compost Worm Farm Workshop** BBQ area John Curtin Reserve

**June Sustainability Street Meeting..... Sun 10th May 3pm**

BBQ area John Curtin Reserve

[www.sustainabilitystreet.org.au](http://www.sustainabilitystreet.org.au)

# SUSTAINABILITY ST. IT'S A VILLAGE OUT THERE

**Sustainability  
Street  
Winston Hills**

Your free local  
community group

Email:  
[sustainabilityst.winstonhills@gmail.com](mailto:sustainabilityst.winstonhills@gmail.com)  
Co-ordinator  
Nicolle Herbert  
Mob: 0422 444 261

**Newsletter #2**

April 2009

Next Meeting 2nd  
Sunday  
19th April 3pm  
BBQ Area  
John Curtin Reserve  
cnr Huxley Drive  
& Dodson Cres  
Winston Hills , NSW

May's meeting will go  
back to regular 2nd  
Sunday 10th May  
Same time & place &  
Sunday 14th June



**See inside for...**

**What of the Waste meeting.....Page 2**  
**Great Greening of Winston Hills.....Page 3**  
**Free compost bin or wormfarm.....Page 3**  
**What next?.....Page 4**  
**Important Dates.....Page 4**

## What is Sustainability Street?

Mostly just local's getting together. We've started with monthly meetings on the 2nd

### VALUE DIVERSITY

Sunday at 3pm inviting the streets close to John Curtin Reserve, as it's intended for anyone within a short walk, but of course, everyone's welcome! We'll **begin** with a **basic course on living sustainably**, but will **continue with wherever the group's imagination and energy lead**.

## What Happened?

Our March meeting began with acknowledging the Burramattagal people and all elders past and present. We then set about the most important business of meeting everyone! It was great to welcome some new 'streeters' and discuss what brought us to Sustainability Street Winston Hills (SSWH). We discussed some great things to grow and with the keen interest expressed in growing food we will look into running a no dig garden workshop, garden visits, and more around growing your own food. **Great info at SeedSavers meeting see "important dates"**.

Want to learn more about growing your own organic vegetables, fruit & herbs, or share your expertise in home growing, Let us know if you're interested! Email us at [sustainabilityst.winstonhills@gmail.com](mailto:sustainabilityst.winstonhills@gmail.com) or call Nicolle on 0422 444 261.

After an extended chat, we watched a short video about the Sustainability Street concept and saw what some other groups have done. We then moved onto the topic of the meeting WASTE.

We talked about landfill and where our general waste goes to at Eastern Creek, which is filling up very quickly. We touched on the dangers of leachate in the water table and earth and how we all want to reduce how much gets swept under the proverbial landfill carpet. Also, we were all surprised to find out that despite the fact that we in NSW are recycling more, the total amount of waste each household produces is still increasing! (refer Bureau of Statistics, Waste info)

The **target of "zero waste"** is shared by authorities, but the actual achievement seems far away. Incidentally, many of us think zero waste is not possible in our society, but with careful choices and lots of avoidance, there's at least one resident in Sydney who can. She lives in a home in Sydney's northern suburbs. She does things like taking bags made from old net curtains to the fruit and veg store, she is very careful with what she buys.

If someone wants to dispose of an item brought into her home, she will ask them to take it with them, and re-use it. **So be encouraged, it's possible, AVOID, reuse, recycle.** I don't know about you but I sure have a fair way to go to get to zero waste, but at least we can know that the seemingly small decisions we make every day, add up to a very big difference. Which reminds me of a quote from the start of the Sustainability Street video **"Never doubt that a small group of thoughtful, committed people can change the world. In fact, it's the only thing that ever has."** Margaret Mead.

We also talked about the excessive packaging most goods come in today. However, in Europe it's often commonplace to take your wine bottles to be filled, and I for one wish we could do the same here with many goods. We can exercise our great freedom of choice & inform businesses we want change. We want less packaging which uses recycled material and is 100% recyclable & Container Deposit Legislation for a refund system like SA have. Visit **Boomerang Alliance** <http://www.bringitback.org.au/boomerang/>

**COMPOST & WORM FARM WORKSHOP on Sun 19th April 3pm @ BBQ area, John Curtin Reserve, cnr Huxley Dr & Dodson Cres, Winston Hills. Call or email to book or just come along. Essential for organic veg!**

## Great Greening of Winston Hills...

**Recycling Workshop** was great! Run by Guada from Cleanaway, the workshop was filled with many interesting & some surprising facts and great discussion. Top 5 things that should never go in our recycling bin > Plastic bags, nappies, crockery, wine glasses, stringy things which jam sorting machinery. Thank you to Guada from the lucky few of us who were able to come **and are now on our way to a free compost bin or worm farm. If you still want to earn a freebee come to our workshop on 19th April and contact Cleanaway for other alternative dates but hurry, offer ends very soon.**

**Clean Up Australia day** (CUA) was best attended ever reports Annie, the long time co-ordinator. Not only did over 20 volunteers attend, but our local government councillors and the NSW Premier were present, not just for photo's but to volunteer alongside fantastic willing & able community members. Would it surprise you to know that for the entire CUA **85% of the rubbish removed is packaging / containers??**